



e-Link

April 2025

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MAY 4-10

NATUROPATHIC 20 MEDICINE WEEK 25

BETTER HEALTH, TOGETHER



Member content now available on the ND Portal



Naturopathic Medicine Week starts next week on May 4th!

Get involved and share on your platforms of choice how you and your fellow NDs are making an impact in healthcare. The CAND will be sharing great content on our socials, and we want you to be a part of the conversation. Join in and share how naturopathic medicine can support Canadians and work together with their healthcare teams.

Don't have content made yet? No worries! Login to the ND Portal to access ready-to-share content or customize graphics through our templates.

[Click here to access member content](#) or visit the **Naturopathic Medicine Week** page under **Knowledge Tools** on the ND Portal.

Use the hashtags
#NatMedWeek2025 & #BetterHealthTogether

Follow us and join the
conversation!



Updates from the CAND team

Thank you to everyone who joined us for the member Town Hall on April 9th, you can watch the [recording here](#). We look forward to hosting more and enhancing the format to improve interaction and engagement, stay tuned.

[Click here to view the CAND's 2025-2028 Strategic Plan](#)



MISSION



VISION



VALUES

BOARD NOMINATIONS DUE **TUESDAY MAY 6TH**

**CAND 2025
ANNUAL
GENERAL
MEETING** **SATURDAY
JUNE 14TH**

[See ND Portal for details](#)

**Reminder: Deadline to submit Board
nominations is TUESDAY MAY 6TH**

CAND Board of Directors positions will be elected at the Annual General Meeting on Saturday, June 14, 2025 (virtual). Meeting details to come next month.

[Visit the ND Portal for forms and more information.](#)

We want to hear from you! What clinic management system do you use?

(Click below to select)

Jane Electronic Medical

Practice Better Medical

OptiMantra Medical

Other

I do not use a clinic management system



Advocacy in Action

Have your voice heard. A big part of the work of CAND is to advocate on behalf of the profession at the federal level. Here's what we have been working on:

Assembly of First Nations (AFN):



On April 9, 2025, CAND's CEO, Gemma Beierback, along with researcher and CAND member Dr. Jessica Carfagnini ND, presented to the AFN Non-Insured Health Benefits (NIHB) Navigators group.

The NIHB Navigators guide community members through the ambiguous NIHB process. The AFN advocates expanding the NIHB coverage and seeks to incorporate traditional healing approaches, along with naturopathic medicine and allied health services. The presentation shared the important impact naturopathic medicine can have on key conditions impacting Indigenous health along with early findings from Dr. Carfagnini's research on the experiences of Indigenous patients who access naturopathic medicine.

This was a precursor to a Hill Times article co-authored by CAND and AFN further supporting the need for the inclusion of Naturopathic Medicine in the NIHB program.

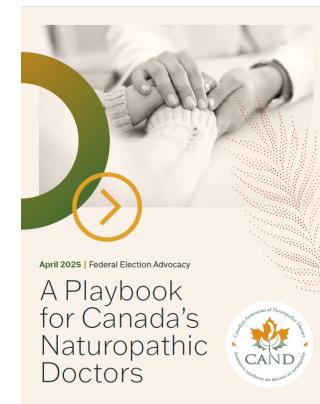
Stay tuned for May's e-Link for the full article.

CAND Election Toolkit:

While the election is over the toolkit, we shared with members in early April, is still on the website. If you want to continue to use the content to engage with newly elected officials it is there as a leaping off point.

The toolkit document can be found on the **ND Portal** on the **Elections page**, under **Government Relations**.

We will have more resources for engagement coming soon.



SURVEY - Towards a pathway for health products containing cannabidiol:

Health Canada wants to hear from you about how health products containing CBD should be regulated. The goal is to make sure these products are safe, effective, and easy to access while keeping public health a priority. By sharing your thoughts in this survey, you can help shape the rules around CBD and how it's made available in Canada. Your input is important, and this is your chance to have a say in the future of CBD products.

[**Click here to find out how to participate.**](#)

Survey closes on June 5, 2025.



CAND Journal (CANDJ)

CANDJ

The official journal of the
Canadian Association of
Naturopathic Doctors

CANDJ is seeking clinical writers

DID YOU KNOW...
You don't have to
'do' research to
be published in
CANDJ?

We are actively searching for new writers who are interested in submitting informative clinical review articles of relevance to our members, especially if they provide an update on previous practice(s), or describe a novel approach to a condition commonly encountered in ND offices.

Additionally, we are looking for short pieces on techniques that may have changed your practice and thoughtful or provocative opinion pieces that may indicate a fresh way of thinking about a problem, including social commentary on practice and how practice is evolving as regulation and scope changes. Nature and environment-oriented commentary is always welcome. Our goal is to provide more topical, 'hands-on' content that practicing NDs will want to read and engage with and even stimulate debate.

For more information or feedback on concept development, please email Dr. Marianne Trevorrorow ND at editor@cand.ca

Login to read the latest edition (Vol. 32 No. 1) at candjournal.ca
Don't forget to review our [archived issues](#) as well as the [Editor Selections](#).



Follow the CANDJ on [LinkedIn](#), to stay informed and up to date with Journal news, issue notifications, the latest naturopathic research, and more!



THE NATUROPATHIC LEGACY PROJECT

Change and Perseverance

The Flexner Report (2010) was a wake-up call for all health professions, and it forced the closure of almost half the medical schools in the US. The non-medical professions were compelled to examine their own educational and professional standards, which were often lacking. While medical 'professionalism' embraced a white, male, paternalistic model focusing on 'science-based' disease care, naturopathic medicine defined care within a wholistic model of prevention, patient-centered care, and a focus on root causes of illness. Other non-medical professions shared this philosophy, each defining a specific therapeutic paradigm.

With public support and interprofessional collaboration to protect scopes of practice, NDs petitioned their governments for regulation. The establishment of standards in education, professional skills, and ethical behavior was key for the safety and protection of the public.

The Ontario Drugless Practitioner's Act of 1925 did not specifically name naturopathic doctors. Saskatchewan's Drugless Practitioners Act in 1920 identified osteopaths and chiropractors. BC naturopaths were regulated under the Medical Act from 1923 until the Naturopaths Act in 1936. These acts have been updated, and other provinces and territories have created their own.

However, as acts were developed and modernized, naturopathic doctors still had to fight to maintain regulation and their unique practice.

Written by:

Dr. Daria Love, DC, ND and Dr. Pat Wales ND (retired)

Does anyone have photos of NDs in the past? Let us know!

drdarialove@gmail.com, pwalesnd@gmail.com

Find us on Facebook www.facebook.com/NaturopathicLegacyProject

Get involved--contact us: info@naturopathiclegacyproject.com



Events and Resources

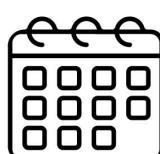
MAY 4-10

NATUROPATHIC **20** MEDICINE WEEK **25**

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For more events and details, please visit:

[Events - Canadian Association of Naturopathic Doctors](https://events-cand.ca)

Upcoming Events and Education

May

- **May 4th-10th: Naturopathic Medicine Week**
- **May 2nd - 4th, Online & Toronto: CECon2025: "The layers of Healing - The Complex Patient"**
- **May 21st, Online: How to Assess Mitochondrial Function**
- **May 24th - 25th, Surrey, BC: Infusion Rx IV Certification Course**
- **May 26th - 27th, Surrey, BC: Infusion Rx Advanced IV Therapy Training**
- **May 30th - June 1st, Online & Saskatoon, SK: SAND: Healing Skies Conference 2025**

June

- **June 7th, Online: Vita Aid Professional Education:**



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promote muscle growth,
recovery and retention

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Clinical Success Summit 2025

Expert Updates in Primary Care

June 7th ,2025 (Saturday)
9AM - 4PM PST / 12PM - 7PM EST

[Register Today!](#)

4.5 CME (1.5 Pharm)
Recordings Available



Dr. Allison Siebecker



Dr. Allana Polo



Dr. Lorenzo Diana



Dr. Lyn Patrick



Dr. John Gannage

It's Not Free, It's Better Than Free!

Register **Early-Bird \$129** (CAD)
Regular Price \$149 (CAD) before May 24, 2025

RECEIVE \$159 (CAD) Product Credit

- ✓ Clinical Guide to **SIBO-Associated** Conditions
- ✓ **GLP-1** Receptor Agonist - Round Table
- ✓ **Fatty Liver** Disease: Dx & Tx
- ✓ **Mast Cell** Instability: Why It Matters

The Health Product InfoWatch is a monthly publication intended primarily for healthcare professionals. It provides clinically relevant safety information on pharmaceuticals, biologics, medical devices and natural health products.

April 2025 [Health Product InfoWatch](#)

Do you have a classified or an event to post for the profession?

Posting is free for all CAND members. To share an opportunity or event, please click the button below. More information can be found on our website under the **Events and Classified** section.

[Employment and Classifieds](#)

[Events](#)

Interested in catching up on e-links you missed?
Log in to the ND Portal and find them on the **Publications** page
found under **Knowledge Tools** section of the ND Portal.

Contact us:
info@cand.ca



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