

## PLEASE NOTE:

The TRC Healthcare is currently experiencing technical issues. Access to the Natural Medicines Database is unavailable at this time. The TRC Healthcare team is working to resolve the issue, and the CAND will reach out to members once the site is active.

We appreciate your patience as they work to resolve the issue.



# e-Link

August 2025

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## Updates from the CAND team

Where did the summer go? It seems hard to believe the first day of fall is just around the corner. This summer, the CAND launched a new member health benefits plan, met with regulators across the country, and we are actively looking for NDs to join our Government Relations and Advocacy Committee.

### Malpractice Insurance Update:

This summer, we worked closely with our new insurance partner, IPMGA, to develop a Malpractice Insurance program tailored specifically for CAND members. Designed by NDs for NDs, this program reflects the way you practice.

We consulted extensively to ensure the coverage accounts for the diversity of naturopathic practice and regulation across Canada. As clinicians, you continue to evolve and grow—and your insurance should keep pace. This new program offers **better coverage** and **cost savings**, so you can focus on what matters most: your patients.

**Connect with IPMGA today to make the switch to the new program:**

If your renewal date is  
**before September 15th**,  
please reach out to IPMGA right away.

Email IPMGA

**Renewal date in  
the next 30 days?**  
Click the button below.

Renewal Date is Within 30  
Days

**Renewal date  
is later?**  
Click the button below.

Renewal Date is Beyond 30  
Days

### New Group Health Benefits:

We launched the new group health benefits program designed specifically with NDs in mind and with incredible rates. We have two lunch-and-learn sessions planned for **October 2nd** – grab your lunch and spend half-an-hour learning more about the health and dental benefit options, along with critical illness and disability insurance, to protect you.

# WHY ENROLL IN THE NEW BENEFITS PLAN?



Designed specifically for  
independent practitioners  
& small clinics



Access to extended  
health, dental, vision,  
life, disability, & more



Affordable, flexible,  
and comprehensive  
coverage options



Join as a solo  
practitioner, or a team

## MEMBER FEEDBACK WANTED

Please complete our 3-minute survey to share your thoughts on **charitable support of naturopathic medicine**.

Click the image below to access the survey.

**Share your thoughts  
on how a charitable  
foundation can best  
support naturopathic  
medicine in Canada.**

**Click here to complete a short survey:**  
**Charitable Support of Naturopathic  
Medicine in Canada**

Survey closes August 28th



## Advocacy in Action

Have your voice heard. A big part of the work of the CAND is to advocate on behalf of the profession at the federal level. Here's what we have been working on:

### Government Relations

Our advocacy team has been actively engaging with newly appointed ministries to understand how their priorities align with the future of naturopathic medicine. We're currently working on scheduling Hill visits for November to keep the conversation going, and we're excited to launch our first official Hill Day in May.

We remain focused on expanding naturopathic benefits for veterans. An extensive survey will be released next month to gather evidence in support of this initiative— please check your email and the ND Portal next month. We're also in contact with the Assembly of First Nations and the First Nations Health Authority to continue advancing naturopathic medicine benefits for Indigenous Peoples.

### Regulation Updates

Advancing regulation continues to be a key priority. The CAND is supporting associations across Canada in their efforts to become regulated by providing grants, research support, position papers, and advocacy guidance. We recognize that regulation is essential for expanding scope of practice, increasing public access, and enhancing understanding of naturopathic medicine.

Over the summer, the CAND met with several regulators to discuss shared interests, including labour mobility. This September marks the launch of a national gathering of leaders in naturopathic medicine, formerly known as the CNCC, where association leaders, regulators, and educators will come together to share knowledge and insights.

### Moving the Dial on Advocacy

The CAND has been working to develop the framework for some new and exciting Committees. We want to expand the opportunity for member voices to be heard and ideas to be generated.

Applications are currently open for the new **Government Relations and Advocacy Committee**; student members are also welcome to apply. You can submit your application and read the Terms of Reference for the Committee [here](#):

## [Government Relations and Advocacy Committee Application form](#)

Applications close on September 15th

In the coming months, the new **National Advertising Campaign (NAC) Committee** will also be looking for members to develop the CAND's messaging for Naturopathic Medicine Week and beyond. If you are interested in receiving more information when it becomes available, please email [info@cand.ca](mailto:info@cand.ca).



### Messages from CAND Partners

#### Participate in Research on Naturopathic Care for Substance Use & Addictive Behaviors:

Ashley Park, MPH from the University of Washington, Department of Family Medicine, is conducting research to understand how naturopathic doctors identify and manage substance use and related behaviors.

If you're an ND and interested in contributing to this important research, you can participate by following this link:

[Click here to participate in the survey.](#)

The survey should take under 15 minutes. Participation is voluntary, and all responses will remain confidential. If you have any questions, please contact Ashley Park, MPH, [ashleyj5@uw.edu](mailto:ashleyj5@uw.edu).

#### World Naturopathic Federation (WNF)

The WNF is planning a special edition newsletter and is looking for your submissions.

This newsletter will focus on specific ways that individual Naturopaths/NDs have strengthened the knowledge base of the naturopathic profession and/or special contributions that individual naturopaths/NDs have made. They will be including:

- Open-access, online information that individual naturopaths/NDs have created for other naturopaths/NDs or for the public
- Schematics or diagrams that are designed to convey naturopathic information
- Other open-access, naturopathic-based information that would be applicable to other naturopaths/NDs

Courses, books, or research will not be included. All information has to be easily accessible with no commercial interests. The deadline to submit information is the 20th of September.

For additional inquiries or to make your submission, email [info@worldnaturopathicfederation.org](mailto:info@worldnaturopathicfederation.org)



### CAND Journal (CANDJ)



The official journal of the  
**Canadian Association of  
Naturopathic Doctors**

#### Coming Sept 20: Allyship in Naturopathic Care

In the latest issue of the CAND Journal, Editor-in-Chief Dr. Marianne Trevorow, ND, explores the evolving role of allyship in naturopathic medicine. From Indigenous health experiences to affirming care for 2SLGBTQIA+ patients, this edition highlights how empathetic listening and culturally informed practice can transform outcomes. Don't miss this powerful reflection on building therapeutic alliances and advancing inclusive care.

**NEW**  
**EDITION COMING**  
**SEPTEMBER 20<sup>TH</sup>**



Curious about submitting? Have questions about what to submit?

Please contact Marianne Trevorrow at [editor@cand.ca](mailto:editor@cand.ca)

Read the latest edition (Vol. 32 No. 2) at [candjournal.ca](http://candjournal.ca)

Don't forget to review our [archived issues](#) as well as the [Editor Selections](#).



Follow the *CANDJ* on [LinkedIn](#) to stay informed and up to date with Journal news, issue notifications, the latest naturopathic research, and more!



## Naturopathic Legacy Project

### THE NATUROPATHIC LEGACY PROJECT

#### Drs. Boucher and Farnsworth - Part 2

Dr. Gerald Farnsworth was instrumental in the founding and survival of several important naturopathic organizations. As one of the founders of the National College of Naturopathic Medicine in Portland, Oregon, he held key positions on that Board from 1956 to 1979, as well as teaching and administrative positions. As a founding member of the Canadian Naturopathic Foundation, he served as its mainstay and visionary until his retirement. In 1957, he was also a founder of the Northwest Naturopathic Physicians Convention, the longest-running annual naturopathic convention in the world. He received numerous awards for outstanding practice and professional achievements.

Other naturopathic doctors matched his dedication to the profession in BC as they envisioned a Western Canadian naturopathic school. Cidalia Paiva, PhD, was one of the early champions and guided the formation of the West Coast Naturopathic Medical College in 1999, welcoming its first class in January 2000. A financial crisis was averted largely by the extraordinary contributions of students, faculty, and the profession. After gaining CNME accreditation, the college was renamed the Boucher Institute of Naturopathic Medicine in 2001, in honour of Dr. Joseph Boucher, another outstanding naturopathic doctor who embraced the Principles of Naturopathic Medicine to their fullest.

Submitted by:

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This moment in history is brought to you by the Naturopathic Legacy Project. If you have any questions, concerns, or ideas related to historical information provided by the NLP please contact: [info@naturopathiclegacyproject.com](mailto:info@naturopathiclegacyproject.com)

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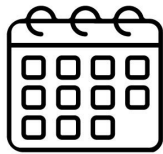
## Events and Resources



### Upcoming Events and Education

#### September

- **Sept 10th, Online:** IPMGA Webinar:  
Understanding Insurance for Naturopathic Doctors



For more events and details, please visit:  
[Events - Canadian Association of Naturopathic Doctors](#)

- **Sept 12th to Dec 5th, Online:** Building Community to Advance Planetary Health
- **Sept 19th, Toronto, ON:** Mastering the Protocols for Optimization of Hormone Replacement Therapy – Part 1
- **Sept 24th, Online:** Environmental Toxins and Mitochondrial Function by Bioclinic Naturals
- **Sept 24th, Online:** Building Community to Advance Planetary Health

#### **October**

- **October, Online (self-paced):** Outdoor Learning: 4 Seasons of Indigenous Learning Course
- **October 2nd, Online:** CAND Member Health Benefits - Lunch and Learn Session
- **October 3rd, Online:** CytoCon 2025
- **Oct 25th, Etobicoke, ON:** OAND Centennial Gala

The Health Product InfoWatch is a monthly publication intended primarily for healthcare professionals. It provides clinically relevant safety information on pharmaceuticals, biologics, medical devices, and natural health products.

**August 2025**  
[Health Product InfoWatch](#)

### **Do you have a classified or an event to post for the profession?**

Posting is free for all CAND members. To share an opportunity or event, please click the button below. More information can be found on our website under the **Events and Classifieds** sections.

**Employment and Classifieds**

**Events**

Interested in catching up on e-links you missed?  
Log in to the ND Portal and find them on the **Publications page** found under the **Knowledge Tools** section of the ND Portal.

Contact us:  
[info@cand.ca](mailto:info@cand.ca)



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